# **Youth Sports & Active Recreation**

## JUST FOR KICKS YOUTH INDOOR SOCCER

Just4Kicks, inc. will conduct instructional soccer lessons developing skills as well as the age appropriate emotional development required for the game of soccer. Each session will focus on a particular aspect of the game of soccer utilizing specifically designed activities. A typical session will include a warm-up; topic introduction; demonstrations; activities to learn and practice the particular skill; recreational games to provide the participant an environment simulating a soccer match in which to practice; and finally, a soccer match (scrimmage). Each activity varies according to age and ability, and is structured to provide every child the opportunity to express themselves and grow at their own rate. The emphasis is on learning and having fun, not winning.

Instructor: Tom Vischer
Location: Centennial Recreation Center Gymnasium

					-
Activity#	Date	Day	Time	Age	Sessions
Pre-K Soc	cer				
4610.301	9/18-11/6	F	10:20am-10:50am	3½ -4 yrs	8
4610.302	9/18-11/6	F	2:30pm-3pm	3½ -4 yrs	8
4610.303	11/13-12/11*	F	10:20am-10:50am	3½ -4 yrs	4
4610.304	11/13-12/11*	F	2:30pm-3pm	$3\frac{1}{2}$ -4 yrs	4
K Soccer					
4610.305	9/18-11/6	F	9:45am-10:20am	4½ -5yrs	8
4610.306	9/18-11/6	F	3pm-3:35pm	4½ -5yrs	8
4610.307	11/13-12/11*	F	9:45am-10:20am	4½ -5yrs	4
4610.308	11/13-12/11*	F	3pm-3:35pm	4½ -5yrs	4
K1 Socce	r				
4610.309	9/18-11/6	F	3:35pm-4:20pm	5-6yrs	8
4610.310	11/13-12/11*	F	3:35pm-4:20pm	5-6yrs	4
Soccer 2/	3 & 4/6				
4610.311	9/18-11/6	F	4:20pm-5:20pm	7-12yrs	8
4610.312	11/13-12/11*	F	4:20pm-5:20pm	7-12yrs	4
*No Class	11/27				

4 sessions

Resident: \$53 / CRC Member: \$48 Non-Resident: \$58 / CRC Member: \$53

8 sessions

Resident: \$100 / CRC Member: \$95 Non-Resident: \$105 / CRC Member \$105

## KIDZ LOVE SOCCER

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method. Your child will learn through skill demonstrations and instructional scrimmages conducted in a non-competitive, recreational format. Bring your tennis shoes and shin guards and be ready to have fun!

For more information visit www.kidzlovesoccer.com

KLS Rain-out Hotline: 1 (800) 871-2275 Instructor: Kidz Love Soccer staff

Location: Galvan Park

Activity#	Date	Day	Time	Age	Sessions
Tot Socce 4620.301	er 9/19-11/7	SA	3:50pm-4:20pm	3½-4yrs	8
Pre-Socce 4620.302	er 9/19-11/7	SA	3:15pm-3:50pm	4-5yrs	8
Soccer 1 4620.303	9/19-11/7	SA	2:30pm-3:15pm	5-6yrs	8
Soccer 2 4620.304	9/19-11/7	SA	4:20pm-5:05pm	7-8yrs	8
Soccer 3 4620.305	9/19-11/7	SA	4:20pm-5:20pm	9-12yrs	8

Resident \$95/ CRC Member \$90 Non-Resident \$100/ CRC Member \$95

## MOMMY, DADDY, AND ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Instructor: Kidz Love Soccer staff

Location: Galvan Park

Activity#	Date	Day	Time	Age	Sessions
4620.306	9/19-11/7	SA	1:45pm-2:15pm	2-3½ yrs	8

Resident \$95/ CRC Member \$90 Non-Resident \$100/ CRC Member \$95

## JUST FOR HOOPS YOUTH BASKETBALL

Just 4 Hoops staff will conduct instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. A typical session includes a warm-up; topic introduction; demonstration; activities to learn and practice the particular skill; recreational game to provide the participants an environment simulating a basketball game in which to practice; and finally, a game. Each activity varies according to age and ability and is structured to provide every child the opportunity to express him/herself and grow at his/her own rate. The emphasis is on learning and having fun, not winning.

Instructor: Just 4 Hoops Staff

Location: Centennial Recreation Center, Gymnasium - West Side

Activity#	Date	Day	Time	Age	Sessions
ACIIVITY#	Dule	Duy	IIIIIe	Age	363310113
K-1 GRADE	ES				
4600.301	9/17-11/5	TH	3:15pm-4pm	5-6yrs	8
4600.302	11/12-12/10*	TH	3:15pm-4pm	5-6yrs	4
2-3 GRADI	ES				
4600.303	9/17-11/5	TH	4pm-5pm	7-8yrs	8
4600.304	11/12-12/10*	TH	4pm-5pm	7-8yrs	4
4-6 GRAD	ES				
4600.305	9/17-11/5	TH	5pm-6pm	9-12yrs	8
4600.306	11/12-12/10*	TH	5pm-6pm	9-12yrs	4
*No Class	11/26				

4 sessions

Resident: \$53 / CRC Discount: \$48 Non-Resident: \$58 / CRC Discount \$53

8 sessions

Resident: \$100 / CRC Member: \$95 Non-Resident: \$105 / CRC Member \$105

#### MUNCHKIN SPORTS

This class provides an introduction to soccer and basketball with an emphasis on fun while promoting new friendships through the basic fundamentals!

Instructor: CRC Staff

Location: Centennial Recreation Center, Gymnasium - East Side

Activity#	Date	Day	Time	Age	Sessions
4600.307	9/16-10/14	W	6pm-6:45pm	3-5yrs	5
4600.308	11/11-12/16*	W	6pm-6:45pm	3-5yrs	5
*No Class	11/25				

Resident \$45/ CRC Member \$40 Non-Resident \$50/ CRC Member \$45

## **FUNDAMENTALS OF TENNIS**

This is a course designed to teach The fundamentals, proper techniques and skill development to The players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now! Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.301	9/2-10/7	W	3pm-3:30pm	5-8yrs	6
4630.302	10/21-12/2*	W	3pm-3:30pm	5-8yrs	6
4630.303	9/2-10/7	W	3:30pm-4:30pm	9-12yrs	6
4630.304	10/21-12/2*	W	3:30pm-4:30pm	9-12yrs	6
*No Class	11/25				

5-8 yrs

Resident \$41/ CRC Member \$36 Non-Resident \$46/ CRC Member \$41

9-12 yrs & 13-18yrs

Resident \$77/ CRC Member \$72 Non-Resident \$82/ CRC Member \$77

## YOUTH TENNIS LEAGUE

This junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare The Juniors for USA Team Tennis play. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.305	9/3-10/8	TH	3:30pm-4:30pm	8-12yrs	6
4630.306	10/22-12/3*	TH	3:30pm-4:30pm	8-12yrs	6
*No Class	11/26				

Resident \$77/ CRC Member \$72

Non-Resident \$82/ CRC Member \$77

### TINY TOT TENNIS

This is an introductory program utilizing short mini-nets, pressureless tennis balls, as well as larger foam balls. The program will stress fundamentals and techniques basic to the game of tennis. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.307	9/2-10/7	W	2:30pm-3pm	3-4yrs	6
4630.308	10/21-12/2*	W	2:30pm-3pm	3-4yrs	6
*No Class	11/25				

Resident \$41/ CRC Member \$36 Non-Resident \$46/ CRC Member \$41

## TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction This is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Michael Myers

**Location: Community Park Tennis Courts** 

Activity#	Date	Day	Time	Age	Sessions
4630.309	9/1-12/1	Su-Sa	Anytime	5yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

## HOME SCHOOL YOUTH TENNIS

This program is designed to meet the needs of children and youths, who are being educated at home. No experience required. The focus of the class is on fundamental skills and technique. Bring a tennis racket and dress appropriately.

Instructor: Michael Meyers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.310	9/1-10/6	T	10am-11am	8-12yrs	6
4630.311	10/20-12/1*	T	10am-11am	8-12yrs	6
*No Class	11/24				

Resident \$77/ CRC Member \$72 Non-Resident \$82/ CRC Member \$77

## JR. GOLF

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Stuart Spence

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.301	9/26-10/24	SA	12pm-1pm	5-17yrs	5
4631.302	9/27-10/25	SU	1pm-2pm	5-17yrs	5
4631.303	11/7-12/5	SA	12pm-1pm	5-17yrs	5
4631.304	11/8-12/6	SU	1pm-2pm	5-17yrs	5

Resident: \$57 / CRC Member: \$52 Non-Resident: \$62 / CRC Member: \$57

## **MOTHER & CHILD GOLF**

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
4631.305	9/12-10/10	SA	1pm-2pm	4-15yrs	5
4631,306	10/24-11/21	SA	1pm-2pm	4-15vrs	5

Resident: \$64 / CRC Member: \$59 Non-Resident: \$69 / CRC Member: \$64

## YOUTH/ADULT BEGINNING VOLLEYBALL

Learn to improve your volleyball skills with drills and practice games. This class is for players who have had some volleyball experience but wish to improve and advance to the next level. Classes begin with passing, serving, hitting, and defensive drills, followed by officiated games designed to focus on team defense and scoring strategies.

Instructor: Daniela Martinez

Location: Centennial Recreation Center, Gymnasium

Activity#	Date	Day	lime	Age	Sessions
4640.301	9/3-10/22	TH	6pm-7:10pm	7yrs+	8

Resident \$72/ CRC Member \$67 Non-Resident \$77/ CRC Member \$72

## LIL' DRAGONS

#### (BEGINNERS) SAFETY & LIFE SKILLS

This is a fun class that teaches safety, life & martial arts. The focus in this class is to improve safety, balance, self control and self confidence.

Instructors: Arceli Bell & Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.301	9/1-9/22	T	5pm-5:30pm	5-6yrs	4
4660.302	9/3-9/24	TH	5pm-5:30pm	5-6yrs	4
4660.303	10/6-10/27	T	5pm-5:30pm	5-6 yrs	4
4660.304	10/8-10/29	TH	5pm-5:30pm	5-6yrs	4
4660.305	11/3-11/24	T	5pm-5:30pm	5-6yrs	4
4660.306	11/5-12/3*	TH	5pm-5:30pm	5-6yrs	4
*No Class	11/26				

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: Uniform, gloves, patches and a folder

Resident Fee \$54 / CRC Member: \$49 Non-Resident Fee: \$59 / CRC Member: \$54

## JUNIOR DRAGONS

#### (YOUTH)

This is a fun class that teaches safety, life & martial arts. The focus in this class is to improve safety, balance, self control and self confidence.

Instructors: Arceli Bell & Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
4660.307	9/1-9/22	T	5:30pm-6pm	6-8yrs	4
4660.308	9/3-9/24	TH	5:30pm-6pm	6-8yrs	4
4660.309	10/6-10/27	T	5:30pm-6pm	6-8yrs	4
4660.310	10/8-10/29	TH	5:30pm-6pm	6-8yrs	4
4660.311	11/3-11/24	T	5:30pm-6pm	6-8yrs	4
4660.312	11/5-12/17*	TH	5:30pm-6pm	6-8yrs	6
*No Class	11/26				

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a folder.

4 week session

Resident Fee \$54 / CRC Member: \$49 Non-Resident Fee: \$59 / CRC Member: \$54

6 week session

Resident Fee \$79 / CRC Member: \$74 Non-Resident Fee: \$84 / CRC Member: \$79

## **KEMPO KARATE**

#### (YOUTH AND ADULTS)

Students will learn self defense techniques against grabs, punches, and kicks. They will gain confidence, self control, discipline, focus, respect, and build character. Weapons such as the Bo Staff and Escrimas Sticks will also be offered.

Instructors: Arceli Bell & Marieta De La Cruz

Location: Centennial Recreation Center, Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions		
4660.313	9/1-9/22	T	6:15pm-7pm	8yrs+	4		
4660.314	9/3-9/24	TH	6:15pm-7pm	8yrs+	4		
4660.315	10/6-10/27	T	6:15pm-7pm	8yrs+	4		
4660.316	10/8-10/29	TH	6:15pm-7pm	8yrs+	4		
4660.317	11/3-11/24	T	6:15pm-7pm	8yrs+	4		
4660.318	11/5-12/17*	TH	6:15pm-7pm	8yrs+	6		
*No Class 11/26							

Material Fee: \$99 (to be paid to instructor in class) No material fee required for first class. Optional for first month, but is required for continuing students. Includes: uniform, gloves, patches and a folder.

4 week session

Resident Fee \$65 / CRC Member: \$60 Non-Resident Fee: \$75 / CRC Member: \$65

6 week session

Resident Fee \$85 / CRC Member: \$80 Non-Resident Fee: \$90 / CRC Member: \$85

## **PRE-BALLET**

Sparkle and dream as our little princesses and sugar plum fairies are introduced to the wonderful world of ballet. Students will learn proper basis ballet technique, coordination, and focus in a warm loving environment. Attire: proper dancewear, soft ballet shoes. No athletic shoes.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions		
4810.301	9/18-10/30*	F	3:30pm-4:15pm	3-4yrs.	6		
4810.302	11/6-12/18*	F	3:30pm-4:15pm	3-4yrs.	6		
*No class 9/25 & 11/27							

Resident Fee \$59 CRC Member: \$54 Non-Resident Fee: \$69 CRC Member: \$64





## READ ALL ABOUT IT!

Now in the Recreation Activity Guide. Starting on page 49

## YOUTH BALLET I & II

Expand your creativity and self-expression through dance! The beginning dancer alongside the continuing dancer will learn and build on basic ballet steps and technique, and enjoy center-floor and across-the-floor combinations to a variety of music. This great introduction to dance strongly encourages poise, coordination, and confidence.

Instructor: Paula Johnson

Location: Community & Cultural Center, Mira Monte Room

Activity#	Date	Day	Time	Age	Sessions
4810.303	9/16-10/21	W	4:50pm-5:50pm	8-12yrs.	6
4810.304	11/4-12/16*	W	4:50pm-5:50pm	8-12yrs.	6
4810.305	9/18-10/30*	F	4:20pm-5:20pm	5-7yrs.	6
4810.306	11/6-12/18*	F	4:20pm-5:20pm	5-7yrs.	6

\*No class 9/25, 11/25 & 11/27

Resident Fee \$68 CRC Member: \$63 Non-Resident Fee: \$78 CRC Member: \$73